

Data description

file: dental_anxiety_and_preventive_dental_care.xlsx

Missing value (all questions) = "-999,00"

Sex

- 1 = female
- 2 = male

Age

age in years

Marital status

- 1 = single
- 2 = married
- 3 = relationship, not married
- 4 = divorced or separated
- 5 = widowed

Education

- 1 = lower secondary school/other
- 2 = secondary school
- 3 = general qualification for university entrance

Occupation

- 1 = employed
- 2 = retired
- 3 = homemakers/others

Dental Anxiety Scale (DAS)

Question DAS 1

„If you had to go to the dentist tomorrow for a check-up, how would you feel about it?“

- 1 = I would look forward to it as a reasonably enjoyable experience.
- 2 = I wouldn't care one way or the other.
- 3 = I would be a little uneasy about it.
- 4 = I would be afraid that it would be unpleasant and painful.
- 5 = I would be very frightened of what the dentist would do.

Question DAS 2

„When you are waiting in the dentist's office for your turn in the chair, how do you feel?“

- 1 = Relaxed.
- 2 = A little uneasy.
- 3 = Tense.
- 4 = Anxious.
- 5 = So anxious that I sometimes break out in a sweat or almost feel physically sick.

Question DAS 3

„When you are in the dentist's chair waiting while the dentist gets the drill ready to begin working on your teeth, how do you feel?“

- 1 = Relaxed.
- 2 = A little uneasy.
- 3 = Tense.

4 = Anxious.

5 = So anxious that I sometimes break out in a sweat or almost feel physically sick.

Question DAS 4

„You are in the dentist’s chair to have your teeth cleaned. While you are waiting and the dentist or hygienist is getting out the instruments which will be used to scrape your teeth around the gums, how do you feel?“

1 = Relaxed.

2 = A little uneasy.

3 = Tense.

4 = Anxious.

5 = So anxious that I sometimes break out in a sweat or almost feel physically sick.

SUM DAS

total score of the Dental Anxiety Scale (DAS)

Sum: DAS 1 + DAS 2 + DAS 3 + DAS 4

Groups DAS

0 = DAS low (SUM DAS<11)

1 = DAS medium (SUM DAS = 11 to 15)

2 = DAS high (SUM DAS>15)

Preventive Dental Care (PDC)

Question PDC 1

"How many times a day do you brush your teeth?"

0 = Never

1 = 1 x

2 = 2 x

3 = 3 x

4 = 4 x

5 = more often

Question PDC 2

"How often do you visit the dentist each year?"

0 = Never

1 = 1 x

2 = 2 x

3 = 3 x

4 = 4 x

5 = more often

Question PDC 3

"How often a year do you have tartar removed?"

0 = Never

1 = 1 x

2 = 2 x

3 = 3 x

4 = 4 x

5 = more often

Question PDC 4

"How often a year do you have your teeth professionally cleaned?"

- 0 = Never
- 1 = 1 x
- 2 = 2 x
- 3 = 3 x
- 4 = 4 x
- 5 = more often

Question PDC 5

"When you think about your teeth, how would you describe their condition?"

- 1 = poor
- 2 = not so good
- 3 = satisfactory
- 4 = good
- 5 = very good

Question PDC 6

"How much can you do yourself to maintain or improve the health of your teeth?"

- 1 = nothing
- 2 = less
- 3 = something
- 4 = much
- 5 = very much