

Data description

File: Dental_Anxiety_Albania_Germany.xlsx

Missing value (all questions) = "999,00"

Country

- 0 Albania
- 1 Germany

Sex

- 0 female
- 1 male

Age

age in years

Health status

How would you rate your current state of health?

- 1 very good
- 2 good
- 3 satisfactory
- 4 less good
- 5 poor

Dental Anxiety Scale (DAS)

Question DAS_1

„If you had to go to the dentist tomorrow for a check-up, how would you feel about it?“

- 1 I would look forward to it as a reasonably enjoyable experience.
- 2 I wouldn't care one way or the other.
- 3 I would be a little uneasy about it.
- 4 I would be afraid that it would be unpleasant and painful.
- 5 I would be very frightened of what the dentist would do.

Question DAS_2

„When you are waiting in the dentist's office for your turn in the chair, how do you feel?“

- 1 Relaxed.
- 2 A little uneasy.
- 3 Tense.
- 4 Anxious.
- 5 So anxious that I sometimes break out in a sweat or almost feel physically sick.

Question DAS_3

„When you are in the dentist's chair waiting while the dentist gets the drill ready to begin working on your teeth, how do you feel?“

- 1 Relaxed.
- 2 A little uneasy.
- 3 Tense.
- 4 Anxious.
- 5 So anxious that I sometimes break out in a sweat or almost feel physically sick.

Question DAS_4

„Imagine you are in the dentist's chair to have your teeth cleaned. While you are waiting and the dentist or hygienist is getting out the instruments which will be used to scrape your teeth around the gums, how do you feel?“

- 1 Relaxed.
- 2 A little uneasy.
- 3 Tense.

4 Anxious.

5 So anxious that I sometimes break out in a sweat or almost feel physically sick.

Brief Symptom Inventory 18 (BSI-18)

"How much have you suffered in the past seven days from ..."

Scoring for all BSI Score Questions 1 to 18

0 = not at all

1 = a little bit

2 = moderately

3 = quite a bit

4 = extremely

BSI_18_1 BSI Score Question 1

„Faintness or dizziness“

BSI_18_2 BSI Score Question 2

„Feeling no interest in things“

BSI_18_3 BSI Score Question 3

„Nervousness or shakiness inside“

BSI_18_4 BSI Score Question 4

„Pains in heart or chest“

BSI_18_5 BSI Score Question 5

„Feeling lonely“

BSI_18_6 BSI Score Question 6

„Feeling tense or keyed up“

BSI_18_7 BSI Score Question 7

„Nausea or upset stomach“

BSI_18_8 BSI Score Question 8

„Feeling blue“

BSI_18_9 BSI Score Question 9

„Suddenly scared for no reason“

BSI_18_10 BSI Score Question 10

„Trouble getting your breath“

BSI_18_11 BSI Score Question 11

„Feelings of worthlessness“

BSI_18_12 BSI Score Question 12

„Spells of terror or panic“

BSI_18_13 BSI Score Question 13

„Numbness or tingling in parts of your body“

BSI_18_14 BSI Score Question 14

„Feeling hopeless about the future“

BSI_18_15 BSI Score Question 15

„Feeling so restless you couldn't sit still“

BSI_18_16 BSI Score Question 16

„Feeling weak in parts of your body“

BSI_18_17 BSI Score Question 17

„Thoughts of ending your life“

BSI_18_18 BSI Score Question 18

„Feeling fearful“

Oral Heath_1 How often do you brush your teeth?

- 0 Never
- 1 1x daily
- 2 2x daily
- 3 3x daily
- 4 4x daily
- 5 more often

Oral Heath_2 How often do you go to the dentist?

- 0 never
- 1 1 x a year
- 2 2 x a year
- 3 3 x a year
- 4 4 x a year
- 5 more often

Oral Heath_3 How often do you have tartar removed?

- 0 Never
- 1 1x a year
- 2 2x a year
- 3 3x a year
- 4 4x a year
- 5 more often

Oral Heath_4 How often do you have a professional teeth cleaning appointment?

- 0 Never
- 1 1x a year
- 2 2x a year
- 3 3x a year
- 4 4x a year
- 5 more often

Oral Heath_5 How much do you think you can do to maintain the health of your teeth?

- 1 Nothing at all
- 2 little
- 3 some
- 4 much
- 5 very much

SUM_DAS

total score of the Dental Anxiety Scale (DAS)

Sum: DAS 1 + DAS 2 + DAS 3 + DAS 4

SUM_SOMA

BSI-18 total score scale Somatization

Sum: BSI_18_1 + BSI_18_4 + BSI_18_7 + BSI_18_10 + BSI_18_13 + BSI_18_16

SUM_DEPR

BSI-18 total score scale Depression

Sum: BSI_18_2 + BSI_18_5 + BSI_18_8 + BSI_18_11 + BSI_18_14 + BSI_18_17

SUM_ANGS

BSI-18 total score scale Anxiety

Sum: BSI_18_3 + BSI_18_6 + BSI_18_9 + BSI_18_12 + BSI_18_15 + BSI_18_18

GSI

BSI-18 total score psychological distress

Sum: BSI_18_1 + BSI_18_2 + BSI_18_3 + BSI_18_4 + BSI_18_5 + BSI_18_6 + BSI_18_7 +
BSI_18_8 + BSI_18_9 + BSI_18_10 + BSI_18_11 + BSI_18_12 + BSI_18_13 + BSI_18_14 +
BSI_18_15 + BSI_18_16 + BSI_18_17 + BSI_18_18