

Data description for the data set Dental Anxiety

Dental Anxiety Scale (DAS)

Scoring for all DAS Score Questions 1 to 4

a = 1

b = 2

c = 3

d = 4

e = 5

999 =not answered

DAS Score Question 1

„If you had to go to the dentist tomorrow for a check-up, how would you feel about it?“

- a. I would look forward to it as a reasonably enjoyable experience.
- b. I wouldn't care one way or the other.
- c. I would be a little uneasy about it.
- d. I would be afraid that it would be unpleasant and painful.
- e. I would be very frightened of what the dentist would do.

DAS Score Question 2

„When you are waiting in the dentist's office for your turn in the chair, how do you feel?“

- a. Relaxed.
- b. A little uneasy.
- c. Tense.
- d. Anxious.
- e. So anxious that I sometimes break out in a sweat or almost feel physically sick.

DAS Score Question 3

„When you are in the dentist's chair waiting while the dentist gets the drill ready to begin working on your teeth, how do you feel?“

- a. Relaxed.
- b. A little uneasy.
- c. Tense.
- d. Anxious.
- e. So anxious that I sometimes break out in a sweat or almost feel physically sick.

DAS Score Question 4

„Imagine you are in the dentist’s chair to have your teeth cleaned. While you are waiting and the dentist or hygienist is getting out the instruments which will be used to scrape your teeth around the gums, how do you feel?“

- a. Relaxed.
- b. A little uneasy.
- c. Tense.
- d. Anxious.
- e. So anxious that I sometimes break out in a sweat or almost feel physically sick.

Brief Symptom Inventory 18 (BSI)

Scoring for all BSI Score Questions 1 to 18

0 = not at all

1 = a little bit

2 = moderately

3 = quite a bit

4 = extremely

999 =not answered

BSI Score Question 1

„Faintness or dizziness“

BSI Score Question 2

„Feeling no interest in things“

BSI Score Question 3

„Nervousness or shakiness inside“

BSI Score Question 4

„Pains in heart or chest“

BSI Score Question 5

„Feeling lonely“

BSI Score Question 6

„Feeling tense or keyed up“

BSI Score Question 7

„Nausea or upset stomach“

BSI Score Question 8

„Feeling blue“

BSI Score Question 9

„Suddenly scared for no reason“

BSI Score Question 10

„Trouble getting your breath“

BSI Score Question 11

„Feelings of worthlessness“

BSI Score Question 12

„Spells of terror or panic“

BSI Score Question 13

„Numbness or tingling in parts of your body“

BSI Score Question 14

„Feeling hopeless about the future“

BSI Score Question 15

„Feeling so restless you couldn't sit still“

BSI Score Question 16

„Feeling weak in parts of your body“

BSI Score Question 17

„Thoughts of ending your life“

BSI Score Question 18

„Feeling fearful“